

# **16 National** **Program Information**

SAVBA is aggressively seeking athletes who are highly skilled, self-motivated and willing to commit fully to our program goal of qualifying for the National Junior Olympic Championships (JO's).

The 16 National is a travel team designed for the advanced athlete who has the goal of playing to the highest club level possible. Our coaching staff has over 25 years of coaching experience at the club level along with 14 years of coaching JO qualified teams. Coaches are fully committed to advancing the personal and athletic development of each athlete in their pursuit of excellence in volleyball.

## **Tournament Information**

The 2009-2010 tournament schedule is planned for maximum competitive competition with numerous team opportunities to qualify for JO's. Tournaments are scheduled approximately twice a month beginning in December. Participation is planned for the following multi-day major tournaments: Texas Tornados Warm-Up, Houston Cross Court, Lone Star Classic and Lone Star Regionals. Additional one-day events in Houston, Austin and San Antonio will be included in the season.

## **Practice Times and Locations**

Teams generally practice twice a week for two hours each session. Players will be given a monthly practice schedule with dates, time and locations at the beginning of each month. Current facilities in use for practices are: St. Mary's Hall, FEAST and New Creation Fellowship gym.

## **Program Fees**

Cost: \$2150 --- \$500 due at signing, 6 monthly payments of \$275 due at the 1<sup>st</sup> of each month October through March. If team qualifies for JO's, additional fees will be required in May.

Includes: Membership to USA Volleyball, tournament entry fees, Referee/Scorekeeper certification fees, gym rental, skill development and training, equipment, uniform expense, gym bag/backpack, salaries and expenses for coaches.

Not included: Transportation to and from practice sessions and tournaments, hotel, food.

## **Commitment**

SAVBA is looking only for those athletes willing to fully commit to our program. We expect all team members to attend every practice and every tournament. We believe that learning to budget your time is one of the benefits of athletic training.

Volleyball is a team sport and like any team effort, the success of the team as a whole depends on the individual members. The tournament schedule for the year is distributed at the first of the season and athletes will be expected to plan other extracurricular activities around this competition schedule.